

PROFESSIONAL DEVELOPMENT RETREAT FOR TEACHERS OF CLASSICAL BALLET



October 9–12, 2026 ▪ Cheshire Dance Centre, Cheshire, CT

Presented by: Betty Seibert, Fellow/Final Diploma, CUSA/ISTD; Senior International Examiner; Director of Examinations, CUSA

Diploma *Développé* (Unfolding the Maestro's Work) **Demystify Diploma. Deep Dive into Diploma**

Whether you are new to the Cecchetti Method, currently studying the Diploma syllabus, have already attained your Diploma, or simply want to understand the work on a deeper level, Diploma *Développé* invites you to explore the origins, progression, and enduring relevance of Enrico Cecchetti's work.

To truly understand the Method, we begin where the work itself began—with Maestro Enrico Cecchetti and the professional dancers he trained, including Anna Pavlova, Vaslav Nijinsky, and Léonide Massine.

Over the weekend, we will start with Diploma and trace the work downwards through the Majors, Grades, and Standards Syllabi, discovering how foundational exercises connect directly to classical ballet repertoire.

Through movement, discussion, and film study, we'll explore examples from *The Sleeping Beauty*, *Giselle*, and *Swan Lake*, uncovering connections between Cecchetti's exercises, classical choreography, and the principles that continue to shape dancers today.

More than a study of syllabus, this weekend is an exploration of why the Method works—and how its carefully structured progression continues to serve dancers and teachers at every stage of their development.

Come ready to question, explore, move, observe, and discover as we unfold the extraordinary work of Maestro Enrico Cecchetti and deepen our understanding of a Method that continues to educate and inspire generations.

I look forward to meeting you wherever you are on your dance journey and helping you dive deeper into this amazing man's work that has withstood the test of time.

COURSE FEE

Full Course Fee: \$450 (Includes Cecchetti Day!)

- Friday (Full Day of 6 Hours)
- Saturday and Monday (each Half Day of 3 Hours each)

Single Rates: \$300 Full Day Friday;

Half Day Saturday OR Monday \$150 per day

Visit CUSA at cecchettiusa.org and click on "Workshops". Choose PDRT; –Diploma *Développé*. Fill out registration form. Once submitted you will be directed to PayPal for payment.

Pre-register by September 11, 2026 as space is limited.

EXTEND THE EXPERIENCE

A Night at the Ballet — Saturday, October 10: Continue the experience with an optional evening at New York City Ballet at the David H. Koch Theater, featuring *La Source*, *The Four Temperaments*, and *The Concert*. Priced separately.

Cecchetti Day for Students — Sunday, October 11: Join us for a day of classes for dancers ages 9+ and teachers—an opportunity to observe the Method in action and see the principles explored throughout the weekend come to life.

Betty Seibert, Senior International Examiner; Fellow Cecchetti USA/ISTD, was awarded the Maestro Cecchetti Final Diploma in 1988. She sits on the Board of Directors for CUSA; has been the Director of Examinations since 1994; and previously served as Executive Director for the Cecchetti Society for six years. She is an Individual Founding Member of Cecchetti International Classical Ballet (since 1997); served 3 consecutive terms (2009–2017) as Chair. During her tenure as a principal dancer, she performed leading roles in the classical repertoire, where favorites included *Giselle*, *Coppélia*, and *Odette* in *Swan Lake*. She currently coaches teachers for both certifying and qualifying levels of CUSA exams. Ms. Seibert continues to emphasize the necessity of marrying two strong disciplines—a sound syllabus of instruction for the development of dancers and teachers *with* an emphasis on the theatricality of dance as a performing art.

Hosted by: Cheshire Dance Centre
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For directions, please contact Betty Seibert bseibert@cheshiredancecentre.com.



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